

**OTHER UPCOMING IMHCA
WORKSHOP DATES!**

Saturday, February 28th

“Ethics Update and
Clinical Supervision”
U of I, Springfield

Tuesday, March 3rd

“Assessing Boundaries in
Counseling Supervision”
Holiday Inn Select, Naperville

Saturday, March 7th

“Starting, Maintaining, and Expanding a
Successful Private Practice”
National-Louis University, Chicago

Friday, May 8th

“Ethical Practice of Social Work”
(1/2 Day)
U of I, Springfield

Saturday, June 6th

“Starting, Maintaining, and Expanding a
Successful Private Practice”
Hilton, Lisle

PLEASE SEE OUR WEBSITE
FOR MORE DATES WWW.IMHCA.ORG

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Illinois Mental Health
Counselors Association



Sponsored by IMHCA

***Helping Couples
Manage Their Anger
and Work
Through Conflicts***

***Saturday April 11, 2009
National-Louis University
Chicago, IL 60603***

***9:00am-4:00pm
6.0 CEs***

***Helping Couples
Manage
Their Anger
April 11, 2009
Chicago***

Helping Couples Manage Their Anger and Work Through Conflicts

SATURDAY, APRIL 11, 2009
Room 5033
122 South Michigan Avenue
Chicago, IL 60603

This workshop will help participants to increase their clinical skills in utilizing the action-taking potential and constructive expression of anger in couples counseling. Workshop participants will also learn how to use contextual family therapy and relationship ethics to help couples resolve conflicts. Differences in doing anger work with violence potential couples will also be discussed. Special emphasis is placed on couples counseling in terms of conflict resolution, intimacy skills, and entitlement/jealousy issues. This workshop will include lecture, activities, and case review.

Course Objectives:

1. Participants will learn about anger as an emotion.
2. Participants will learn on to work with couples on anger expression styles.
3. Participants will learn a couples conflict cycle approach and be able to relate it to clinical practice.
4. Participants will learn the relevance of contextual family therapy theory to issues of destructive entitlement.
5. Participants will learn to use anger-based treatment techniques with couples.
6. Participants will learn theory related to anger and its transformation characteristics.
7. Participants will practice with cases.

PRESENTER



Dr. Fran Giordano, LCPC

Dr. Francesca Giordano is an Associate Professor of Counseling at Northern Illinois University. She has published several articles on anger, has conducted over 30 presentations/workshops on anger for various professional counseling groups, and is often a paid consultant at community agencies on this topic. Dr. Giordano is a visiting professor at Johns Hopkins University in Baltimore, Maryland, where she has presented this workshop in their Summer Institute Series. Additionally, it has been presented as a highly successful ACA Learning Institute. She has a clinical practice in which she specializes in working with adolescents and couples with anger issues.

INFORMATION

Continuing Education Hours:

This program is recognized as providing **6.0 CE**s for: **LSW/LCSW** and **LPC/LCPC** (IDFPR license # 159-000650) and **LMFT** (IDFPR license # 168-000148) **NBCC** (Provider No. 2014). **IL State Board of Education** (Provider Code: 102295, 6 CPDUs).

Confirmation / Directions: Upon receipt of the registration form, we will email confirmation letters and directions. Directions and local hotel information is available on our website; <http://www.imhca.org>

Refund policy: Registrations, cancelled before seven days prior to the workshop can be refunded minus a \$20 administrative fee. No refunds can be made seven days prior to the workshop.

Registration Deadlines: Registrations must be received by the IMHCA office one week prior to the workshop. Space is limited in each workshop.

Proof of IMHCA Membership: To receive the member discount, you need to be a current member of ICA and the IMHCA division. If you are unsure, please call and we can verify your membership status.

SCHEDULE

Workshop
9:00 am - 4:00 pm

REGISTRATION FORM

Helping Couples Manage Their Anger and Work Through Conflicts

National-Louis University, Chicago, IL

Saturday, April 11, 2009

9am-4pm

IMHCA Member

Non-Member

\$ 100

\$120

Name

Address

City

State

Zip Code

Phone

Email (please print clearly for confirmation)

PAYMENT OPTIONS

Check enclosed payable to IMHCA

Credit Card (Master Card, VISA, American Express, Discover)

Card Number

Expiration

V-Code #*

Signature

(*MC/Visa/Discover: Last 3 Digit# on signature panel on back of card)

(*American Express: 4-digit# above account # on face of card.)

QUESTIONS

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Website: <http://www.imhca.org>